

Fabulous Feet School of Ballet

STRUCTURE BALLET COMPANY

Structure Ballet Company

is open to students ages 8 and up who are interested in pursuing a professional career in the dance world. Structure provides Pre-Professional quality training, Master Classes, Workshops, field trips, career counseling, performance opportunities, and a unique individualized study program with ballet literature and educational topics such as Anatomy, Kinesiology, Health and Diet, Dance History and more within a loving and nurturing environment. Students grow to develop the skills needed to navigate today's challenging and competitive dance world, while maintaining confidence and a healthy perspective.

*Through audition or assessment, dancers will be placed in one of four groups:
Personal schedule will be set after audition/assessment.*

Apprentice

Apprentices attend 4.5 hours a week.

Ages 8 & up (Exceptions may be made if a student has two years of ballet experience and shows potential, drive and concentration.)

Students in Apprentice Level are at the very beginning of their magical dance journey! In the studio, they start their technical training of solidifying a strong foundation of placement and alignment and basic ballet steps. Just like they need a strong technical foundation to continue on to more challenging steps, they need a strong foundation of life skills to pursue a dance career. They begin to learn skills such as goal setting, work ethic, recognizing positive choices and one of life's most important words: perseverance. Through the study program, students will study in depth classical ballet productions, characters, ballet history, and age appropriate ballet literature that will be discussed in class. They are introduced to Ballet Productions through experience and field trips to professional productions in the big city.

Scholar

Scholars attend 6 hours a week.

Scholars are in the second portion of ballet training, where they begin the exciting phase of preparing for and beginning pointe work. They begin to study the structure of the body – bones, joints, muscles, and how they work to support the weight upon their toes. Taking care of their body begins to become important knowledge as they are increasing their ballet training. They are also preparing for greater roles within ballet productions, so studying the artistry of performance becomes a greater focus. Life skills such as reflecting, critical thinking, creating a support system, and building awareness of mental and emotional health with physical health are discussed. Balancing dance and school, managing time and space become important focuses. Stepping further into the dance world, they begin to attend Master Classes and workshops.

Demi-soloist

Demi-soloists attend 7.5 hours a week.

Demi-soloists are ready to glissade into the spotlight with more stage time and dual casting! They have been working diligently on their training, and can do intermediate/advanced ballet steps with technical precision. They have a couple years of pointe experience, and with solid technique are ready to add Contemporary Ballet. At 7.5 hours a week, including Contemporary, they begin an intense stage in their dance journey of preparation for the dance world as they participate in Summer Intensives away from their home studio. They begin to study Ballet and Modern History, take a closer look into Professional Ballet Schools, Universities, Companies and career options. Life skills come into focus such planning ahead, informed decision-making, independence, and how to represent a professional persona. Demi-soloists are considered for opportunities of responsibility such as apprenticeship.

**Apprenticeship allows the students to demonstrate and function in the classroom as an apprentice to the instructor. This gives them the opportunity to see class from the teacher's perspective, creating growth and insight into the training/educational process.*

Soloist

Soloists attend 9+ hours a week.

Soloists are ready for lead roles and center stage! They hone their training 9 hours a week, working on mastering technique and advanced steps. Each dancer meets with the Ballet Artistic Director to discuss career planning. They are fully immersed in Productions, Master Classes, workshops, choreography, artistic collaborations and begin to establish a network in the dance world. Further studies ensue, molded around the dancer's desired path and interests. At this level, the student has full support and focus is on obtaining further movement into their career path of the dance world.